

# Vermont Head Start Association

## Family Engagement & School Readiness Matrix#

Developed by VHSA Family Services Managers  
September 12, 2013

VHSA School Readiness Education Goal	Family Engagement Goal	Strategies	PFCE Outcome	Strengthening Families Protective Factors Outcomes
<b>Social Emotional</b> <ul style="list-style-type: none"> <li>• <b>Healthy Attachments</b></li> <li>• <b>Self-regulation</b></li> <li>• <b>Personal Identity</b></li> <li>• <b>Positive Relationships</b></li> <li>• <b>Emotional Security</b></li> </ul>	<b>Social Emotional</b> Families will develop the skills necessary to foster secure attachments, maintain healthy relationships, regulate behavior and emotions, and develop a healthy concept of personal identity	<ul style="list-style-type: none"> <li>• Parent Meetings on Soc/Emotional Topics</li> <li>• EARLY MTSS Trainings</li> <li>• Home Visit topics</li> <li>• Classroom Volunteering</li> <li>• Social/Emotional Screening/Assessment Tools</li> <li>• Second Step Curriculum</li> <li>• Mental Health Support</li> </ul>	<ul style="list-style-type: none"> <li>• Family Well-being</li> <li>• Positive Parent-Child Relationships</li> <li>• Families as Lifelong Educators</li> <li>• Families as Learners</li> <li>• Family Connections to Peers &amp; Community</li> </ul>	<ul style="list-style-type: none"> <li>• Parental Resilience</li> <li>• Social Connections</li> <li>• Knowledge of parenting and child development</li> <li>• Social and emotional competence of children</li> </ul>
<b>Approaches to Learning</b> <ul style="list-style-type: none"> <li>• <b>Sense of wonder</b></li> <li>• <b>Willingness to Participate</b></li> <li>• <b>Persistence</b></li> <li>• <b>Connection of Past Learning to New Situations</b></li> </ul>	<b>Approaches to Learning</b> Families will gain an understanding of early childhood development so they can assist their children to develop wonder: willingness to participate, persistence in their efforts, and the ability to connect past learning with new situations.	<ul style="list-style-type: none"> <li>• Developmental take home activities</li> <li>• TS Gold parent resources</li> <li>• Family bags – related to domains</li> <li>• Family/child events</li> <li>• Family conferences</li> <li>• Home visits</li> <li>• EARLY MTSS</li> </ul>	<ul style="list-style-type: none"> <li>• Positive Parent-Child Relationships</li> <li>• Families as Learners</li> <li>• Families as Lifelong Educators</li> <li>• Families as Advocates &amp; Leaders</li> </ul>	<ul style="list-style-type: none"> <li>• Parental Resilience</li> <li>• Social Connections</li> <li>• Knowledge of parenting and child development</li> <li>• Social and emotional competence of children</li> </ul>

VHSA programs will incorporate Family Engagement Strategies that align with School Readiness Goals as identified in individual program School Readiness Plans. All programs will be evaluating impact based upon child outcomes measured in Teaching Strategies Gold as well as qualitative feedback related to family activity participation (i.e., family bags).

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<p><b>Literacy/Language Development</b></p> <ul style="list-style-type: none"> <li>• <b>Meaningful language experiences</b></li> <li>• <b>Effectively express ideas &amp; feelings</b></li> <li>• <b>Listen and understand others</b></li> <li>• <b>Basic concepts about printed materials, alphabet, and letter sound relationships</b></li> </ul>	<p><b>Literacy/Language Development</b></p> <p>Families will gain an understanding of literacy and language development so they can assist their children in increasing their expressive/receptive language skills. In addition, families will utilize community supports and resources related to literacy and language development.</p>	<ul style="list-style-type: none"> <li>• Developmental take home activities</li> <li>• Literacy Programs (i.e., Read with Me, Mother Goose, etc.)</li> <li>• EARLY MTSS</li> <li>• Second Step</li> <li>• Partnership Strategies such as obtaining library cards</li> <li>• Connections with programs such as Vermont Reading Partners, CLiF, Vermont Humanities Council as well as partnerships with local museums, organizations and businesses</li> <li>• Distributing books to families</li> <li>• Home Visit activities</li> </ul>	<ul style="list-style-type: none"> <li>• Positive Parent-Child Relationships</li> <li>• Families as Learners</li> <li>• Families as Lifelong Educators</li> <li>• Family Engagement in Transitions</li> </ul>	<ul style="list-style-type: none"> <li>• Parental Resilience</li> <li>• Social Connections</li> <li>• Knowledge of parenting and child development</li> <li>• Social and emotional competence of children</li> </ul>
<p><b>Physical Health &amp; Development</b></p> <ul style="list-style-type: none"> <li>• <b>Early healthy habits</b> <ul style="list-style-type: none"> <li>○ <b>Use of bodies</b></li> <li>○ <b>Muscle control</b></li> <li>○ <b>Appropriate nutrition</b></li> <li>○ <b>Exercise</b></li> <li>○ <b>Hygiene</b></li> <li>○ <b>Safety practices</b></li> </ul> </li> </ul>	<p><b>Physical Health &amp; Development</b></p> <p>Families will provide healthy environments for their children by developing healthy habits that support physical well-being, use of their bodies, muscle control, and appropriate</p>	<ul style="list-style-type: none"> <li>• IMIL</li> <li>• Learning Kitchens</li> <li>• Parent Education Programs – Parent Committee Topics</li> <li>• Nutrition Consultants with parents</li> <li>• Health Fairs</li> <li>• Socialization activities</li> <li>• CPR/First Aid programming</li> <li>• Tobacco Cessation</li> </ul>	<ul style="list-style-type: none"> <li>• Family Well-being</li> <li>• Family Connections to Peers &amp; Community</li> <li>• Positive Parent-Child Relationships</li> <li>• Families as Lifelong Educators</li> <li>• Families as Advocates &amp; Leaders</li> </ul>	<ul style="list-style-type: none"> <li>• Parental Resilience</li> <li>• Social Connections</li> <li>• Knowledge of parenting and child development</li> <li>• Concrete support in time of need</li> <li>• Social and emotional competence of children</li> </ul>

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nutrition, exercise, hygiene, and safety practices.

### Initiative

- Developmental take home activities – family bags
- UCLA Health Trainings
- Health & Safety checklists with families

<p><b>Cognitive Development</b></p> <ul style="list-style-type: none"> <li>• <b>Utilize background knowledge to influence understanding of</b> <ul style="list-style-type: none"> <li>○ <b>Memory</b></li> <li>○ <b>Classifications</b></li> <li>○ <b>Problem solving</b></li> <li>○ <b>Language</b></li> <li>○ <b>Literacy</b></li> <li>○ <b>Mathematics</b></li> </ul> </li> </ul>	<p><b>Cognitive Development</b></p> <p>Families will increase their knowledge of different learning approaches, which supports memory, classifications, problem solving, language, literacy, and mathematics.</p>	<ul style="list-style-type: none"> <li>• Developmental take home activities</li> <li>• Home Visit conversations</li> <li>• Parent Teacher Conference conversations</li> <li>• TS Gold Family Section</li> <li>• Distributing books to families</li> <li>• Parent-Child activities in classrooms and during Group Socializations</li> </ul>	<ul style="list-style-type: none"> <li>• Families as Learners</li> <li>• Families as Lifelong Educators</li> <li>• Family Engagement in Transitions</li> <li>• Positive Parent-Child Relationships</li> <li>• Family Connections to Peers &amp; Community</li> </ul>	<ul style="list-style-type: none"> <li>• Parental Resilience</li> <li>• Social Connections</li> <li>• Knowledge of parenting and child development</li> <li>• Concrete support in time of need</li> <li>• Social and emotional competence of children</li> </ul>
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