

Contact your Tooth Tutor by calling your local Head Start office below:

#### **Early Education Services**

(802) 254-3742

**County Served:** Windham

#### **CVCAC Head Start**

(802) 479-1053

Toll Free: 1-800-639-1053

**Counties Served:** Lamoille, Orange, Washington

#### **Champlain Valley Head Start**

(802) 651-4180

**Counties Served:** Addison, Chittenden, Franklin,

Grand Isle

## NEKCA/Child & Family Development Program

(802) 525-3362 ext. 203

**Counties Served:** Essex, Orleans, Caledonia

#### **Rutland County Head Start**

(802) 775-8225

**County Served:** Rutland

#### **SEVCA/Windsor County Head Start**

(802) 885-6669

**County Served:** Windsor

#### **Bennington County Head Start**

(802) 442-3686

**County Served:** Bennington

Dental care is an important part of Vermont Head Start

# so what do I need to do?



Information you need right now... smiles they need for a lifetime!



# We know it's hard to plan ahead. Especially when you have so many other things to do.

HEAD STARI

But the health of your child's teeth is important. And healthy teeth today means lower dental bills for you tomorrow!

Give their

smiles a

Your child must see the dentist every 6 months as part of Vermont Head Start. Our "Tooth Tutors" are here to help you make that happen. Your Tooth Tutor can help you find a dental home for your child, and even help you schedule a dental appointment. You can reach your Tooth Tutor by calling your local Head Start office, which is listed on the back of this brochure.

Let's get started!

### **Got questions?**

We've got answers. Look inside for more.

What's the big deal about going to the dentist?

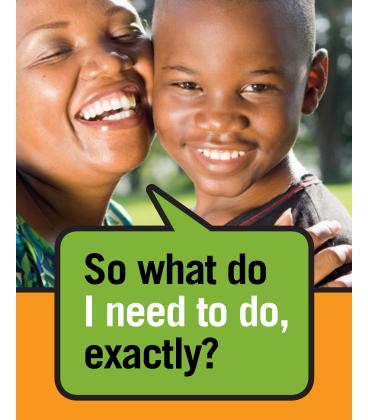
Head Start kids are required to see their dentist every 6 months.

Going to the dentist regularly and having a dental "home" by age one gives your child a chance to have a healthy smile for a lifetime.

A healthy smile gives kids confidence, helps keep them healthy, helps them get a good job someday, and saves you a lot of money.

# Did you know

If you have Medicaid, you don't need to worry about the cost of regular dental cleanings for your child. Medicaid gives your child 2 free dental cleanings a year.



- Bring your child to the dentist twice a year.
  Your Tooth Tutor can help you find a dentist.
- 2 Schedule your appointments and be on time. Your Tooth Tutor can help.
- If you're going to miss an appointment, call the dentist at least 24 to 48 hours ahead of time to schedule a new appointment.

How is Vermont Head Start going to help me out?

We give you a dental support team! Your team includes Head Start, your dentist, a Tooth Tutor, and you.

Your Tooth Tutor is a dental hygienist who works with Head Start. Your Tooth Tutor can answer your questions, help you choose a dentist, schedule appointments, and support you in keeping your appointments.





an appointment

now and then?

It's important to treat your child's dentist office well.

Showing up for your appointments and being on time shows mutual respect. If you aren't there, the dental team could be treating another child.

Build a respectful, strong partnership with the dentist to give your child a healthy smile!