



Contact your Tooth Tutor by
calling your local Head Start
office below:

Early Education Services
(802) 254-3742
County Served: Windham

CVCAC Head Start
(802) 479-1053
Toll Free: 1-800-639-1053
Counties Served: Lamoille, Orange, Washington

Champlain Valley Head Start
(802) 651-4180
*Counties Served: Addison, Chittenden, Franklin,
Grand Isle*

**NEKCA/Child &
Family Development Program**
(802) 525-3362 ext. 203
Counties Served: Essex, Orleans, Caledonia

Rutland County Head Start
(802) 775-8225
County Served: Rutland

SEVCA/Windsor County Head Start
(802) 885-6669
County Served: Windsor

Bennington County Head Start
(802) 442-3686
County Served: Bennington

Dental care is an important part
of Vermont Head Start

So what do
**I need
to do?**



Information you need right now...
smiles they need for a lifetime!



Give their
smiles a
HEAD START!



We know it's hard to plan ahead. Especially
when you have so many other things to do.

But the health of your child's
teeth is important. And healthy
teeth today means lower dental
bills for you tomorrow!

Your child must see the dentist
every 6 months as part of
Vermont Head Start. Our
"Tooth Tutors" are here to help
you make that happen.

Your Tooth Tutor can help
you find a dental home for
your child, and even help you
schedule a dental appointment.
You can reach your Tooth Tutor
by calling your local Head Start
office, which is listed on the
back of this brochure.

**Let's get
started!**

Got questions?

We've got answers. Look inside for more.

What's the big deal about going to the dentist?

Head Start kids are required to see their dentist every 6 months.

Going to the dentist regularly and having a dental "home" by age one gives your child a chance to have a healthy smile for a lifetime.

A healthy smile gives kids confidence, helps keep them healthy, helps them get a good job someday, and saves you a lot of money.

Did you know?

If you have Medicaid, you don't need to worry about the cost of regular dental cleanings for your child. **Medicaid gives your child 2 free dental cleanings a year.**

So what do I need to do, exactly?

- 1. Bring your child to the dentist twice a year. Your Tooth Tutor can help you find a dentist.**
- 2. Schedule your appointments and be on time. Your Tooth Tutor can help.**
- 3. If you're going to miss an appointment, call the dentist at least 24 to 48 hours ahead of time to schedule a new appointment.**

How is Vermont Head Start going to help me out?

We give you a dental support team! Your team includes Head Start, your dentist, a Tooth Tutor, and you.

Your Tooth Tutor is a dental hygienist who works with Head Start. Your Tooth Tutor can answer your questions, help you choose a dentist, schedule appointments, and support you in keeping your appointments.

What's wrong with skipping an appointment now and then?

It's important to treat your child's dentist office well.

Showing up for your appointments and being on time shows mutual respect. If you aren't there, the dental team could be treating another child.

Build a respectful, strong partnership with the dentist to give your child a healthy smile!

